



CENTRE OF EXCELLENCE

HEREBY CERTIFIES

Nicola Haigh

Has completed the necessary training and assessment to demonstrate competence and understanding within this field. The Centre of Excellence awards this certificate in recognition of the achievement.

**Mindfulness Based Stress
Reduction Diploma**

With a:

DISTINCTION

With all rights and
privileges ensuing
there from:

11th November 2018

DATE

Sara Jones

DIRECTOR